

Guidelines for Effective Use of the Home Economics Syllabus

1. Become Familiar with the Structure of the Syllabus

- Read the syllabus thoroughly before the start of the academic year.
- Understand the rationale, aims, and general objectives of the subject.
- Review the organization of sections, topics, and specific objectives.
- Identify the knowledge, skills, attitudes, and values students are expected to develop.

2. Use the Specific Objectives to Guide Instruction

- Ensure that lesson objectives are aligned with the syllabus specific objectives.
- Teach all content required by the syllabus and avoid overemphasizing selected topics.
- Use the specific objectives as a guide for lesson planning, assessment, and revision activities.

3. Develop a Curriculum Plan

- Prepare an annual or termly scheme of work based on the syllabus.
- Sequence topics logically and allocate adequate time for each area.
- Incorporate practical activities, SBA tasks, and revision periods into the plan.

4. Integrate Theory and Practical Activities

- Provide opportunities for students to apply theoretical knowledge through practical experiences.
- Ensure practical activities support the development of syllabus competencies.
- Link practical tasks to real-life situations and everyday decision-making.

5. Use the Syllabus to Guide Assessment

- Align classroom assessments with syllabus objectives and examination requirements.
- Use a variety of assessment methods, including practical activities, projects, presentations, tests, and assignments.
- Ensure assessments reflect the cognitive levels required by the syllabus.

6. Utilize the SBA Guidelines Effectively

- Review SBA requirements at the beginning of the course/year/term.
- Ensure SBA tasks are aligned with syllabus objectives and assessment criteria.
- Guide students in maintaining accurate and organized portfolios.
- Monitor students' progress throughout the SBA process.

7. Refer to the Suggested Teaching and Learning Activities

- Incorporate recommended activities where appropriate.

- Utilize demonstrations, investigations, discussions, field trips, case studies, and project-based learning.
- Encourage active participation and student-centred learning.

8. Use the Syllabus to Prepare Students for Examinations

- Familiarize students with the format of Paper 01, Paper 02, and SBA requirements.
- Use past paper questions to reinforce content and examination techniques.
- Teach students how to interpret command words and examination instructions.

9. Promote Continuous Review and Reflection

- Periodically review curriculum coverage against the syllabus.
- Identify areas requiring reinforcement or additional support.
- Adjust teaching strategies based on student performance and feedback.

10. Utilize Supporting Resources

- Refer to recommended texts, teaching guides, and resource materials.
- Incorporate current nutrition, health, consumer, and family-life issues where relevant.
- Use digital resources and technology to enhance teaching and learning.