

OUTCOMES

- Explain how slavery was organised in West Africa and its effects on enslaved
 Africans
- State briefly how enslaved Africans were emancipated in the English-speaking Caribbean
- Distinguish between physical and mental slavery
- Identify examples of mental slavery
- Generate solutions to mental slavery today

How did enslaved Africans obtain their freedom in the English-speaking Caribbean?

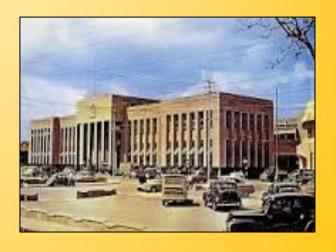
The abolition of slavery in the English-speaking classroom came about due to the efforts of the enslaved Africans resisting slavery, the work of humanitarians and parliamentarians in Britain.

Read here about Nanny Grigg a famous Maroon from Jamaica who fought against the system of slavery.

https://www.youtube.com/watch?v=grb DBs2m0c

EMANCIPATION PROCLAMATION-TRINIDAD

The Emancipation Proclamation was read on August 1st 1834 by Governor, Sir George Hill in front of the Treasury Building. This Proclamation marked the abolition of slavery, all the formerly enslaved, except children under the age of 6, were declared to be 'apprentices,' for six years, obligated to work for their former owners without wages for three-quarters of the defined work week. Full emancipation came four years later on August 1, 1838. In 1984 1st August was declared a public holiday for the commemoration of emancipation.



Click the button and listen



Activity 1- First let us review what occurred in West Africa

Review the verses of "Redemption Song" by Bob Marley and answer the questions that follow.

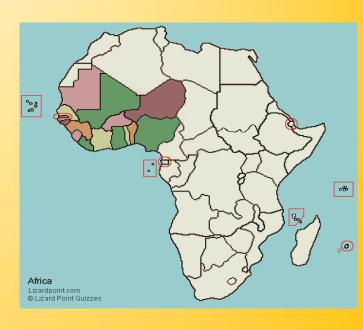
Old pirates, yes, they rob I Sold I to the merchant ships Minutes after they took I From the bottomless pit

But my hand was made strong
By the hand of the almighty
We forward in this generation
Triumphantly

Won't you help to sing These songs of freedom 'Cause all I ever have Redemption songs Redemption songs

QUESTIONS -Use your textbooks and internet to answer the questions

- ☐ Who are the pirates referred to in the song?
- ☐ Which countries owned the merchant ships?
- □Name one of the sites in West Africa of these "bottomless pits"?
- ☐ Who are the prophets that have been killed in the Caribbean and elsewhere?
- ☐ How were Africans then mentally enslaved?



ANSWERS

☐ Who are the pirates referred to in the song?
The pirates were the enslavers-African chiefs and European traders
☐ Which country owned the merchant ships?
Britain, Spain, France, Holland
☐ Name one of the sites in West Africa of these "bottomless pits"?
Goree Island, Senegal; Cape Coast Ghana
☐ Who are the prophets that have been killed in the Caribbean and elsewhere?
Martin Luther King-The United States; Toussaint L'Ouverture-Haiti; Bussa-
Barbados; Nanny Grigg-Jamaica
☐ How were Africans then mentally enslaved?
They were denied their culture and told that it was inferior to European
culture. They were not allowed to practice their religion, keep their family
structure, traditions.

ACTIVITY 2 - Let us look at mental slavery

MENTAL SLAVERY

Emancipate yourselves from mental slavery None but ourselves can free our minds Have no fear for atomic energy How long shall they kill our prophets While we stand aside and look Oh! Some say it's just a part of it We've got to fulfill the book Won't you help to sing These songs of freedom 'Cause all I ever have **Redemption songs** Redemption songs Redemption songs

ARE WE TODAY FULLY EMANCIPATED? OR IN MENTAL SLAVERY?

There is a view that many of us are not emancipated. Although physical slavery has ended we are still mentally enslaved.

Emancipate yourselves from mental slavery None but ourselves can free our minds Have no fear

What is mental slavery? How is it different from physical slavery?

EXAMPLES OF **MENTAL SLAVERY TODAY**

THE **INTERNET**



AMERICAN CULTURE







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Curriculum Planning and Development Division 2020

MENTAL SLAVERY

 Mental slavery can be defined as having one's thoughts, ideas and beliefs controlled by someone else or group.

 Physical slavery refers to being owned by another and who controls one's movement life.

Activity 3

View the spoken word performance entitled Touchscreen by Marshall Davis Jones. List the ways by which the "touchscreen" has enslaved us. I am sure you can identify with many of them!

https://www.youtube.com/watch?v=GAx845QaOck

Activity 4

- 1. Would you say that you are a slave to phones and other computer devices?
- 2. On a scale of 1 5 how has this affected the following

	No Affect 1	Limited Affect 2	Sometimes 3	Some Affect 4	Significant Affect 5
Your relationship with your parents					
Distracted you from your online learning.					

3. Based on the previous question state one thing you would do differently to improve parent relationship and online learning?

ANSWERS

Slide 10

- Rejection of West Indian culture
- Importation of foreign food.
- Slide 11

Technology has resulted in us losing touch with our humanity-the ability to touch, hear, feel each other

- ✓ Spend a lot of time on Facebook
- ✓ More online friends than real friends
- ✓ Nature is ignored to concentrate on the touchscreen
- ✓ We are glued to phones so we are not friendly with each other-little eye contact

SOURCES

 http://idakedagroup.com/african-legacy-tours/sites-of-africanheritage-in-tt/treasury-building-emancipation-proclamation/